

Mike Fanelli Track Classic

ENTRY NOTES

For most events, we have set time/distance standards to ensure that we will complete all events in the planned timeframe. If an athlete does not make a distance standard, consider the 1mi or 2mi on Saturday. It is critical that coaches/athletes pay close attention to the time standards, especially in the 10K where lap counting is important.

For all field events, we have limited the number of entries to be able to complete the events in our planned timeframe. Only prior established marks will be accepted. Priority will go to NCAA DII athletes.

Entries submitted are not guaranteed acceptance into the meet.

The Masters Mile Race is open to men and women who are 40 years old or older on the day of the race. Entries for this event only should be sent directly to tomlyons1700@yahoo.com with name, age, and club affiliation. There is no entry fee for the Masters Mile, but as in past years, we will accept donations (at the meet or online) to the Mike Fanelli Scholarship Fund which supports the Track/XC programs at SF State.

[Mike Fanelli Scholarship Online Donation Form](#)

CHECK-IN AREA

- Coaches for 2-year and 4-year college teams as well as unattached athletes pay the entry fee at the registration table next to the clerk check-in area at the track if payment has not been made online.
- Teams and unattached athletes will receive a personalized participant bib for this meet after payment is received. This bib is required when checking in at the event (field) and checking in at the clerk for hip numbers (track). All athletes must have the bib with their name on it to check in and compete. Track athletes must wear their bibs and hip numbers in the track events.

IMPLEMENT WEIGHTS AND MEASUREMENTS

Throwing implements will be inspected for weights and measures in the building near the check-in area at least one hour before the event. Hammer inspection will be available on Saturday (but preferred on Friday and then impounded until Saturday).

ATHLETE AREA

There is plenty of space for team tents, but we'd prefer that they be set up at the top of the stands so that they do not block the view of spectators. No team tents in front of the press box or near the finish line. Please stay clear of the infield grass at the finish line area at all times.

TRAINER

We will have trainers on site near the check-in area.

ADMISSION

There is no admission charge to the venue for spectators.

PARKING

Student Parking Lot B is the closest lot to park. A daily permit is required.

Parking information here: [Campus Parking - Chabot College](#)

MERCHANDISE

We plan to sell the Mike Fanelli Track Classic t-shirts and socks with the logo designed by Andy DiConti once again.

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SCHEDULE OF EVENTS

- In the throws and horizontal jumps all competitors will be given four attempts. There will be no finals.
- Field event athletes must check in at the event. Please check in 45 minutes prior to the start time listed or immediately upon completion of the previous event in the rolling schedule.
- Track events will be timed finals with heats seeded by entry marks submitted.
- Track event athletes will need to get hip numbers from the clerk 30 minutes before their event and arrive at the start line 10 minutes before their heat.

FRIDAY TRACK ORDER OF EVENTS (with Qualifying Standards):

Event start times will be determined and posted once entries close and the meet program is published.

Based on previous entries, we expect track events to start around 10:30am and end around 11:00pm on this day.

We expect the 1500 to start around 4pm and the 5K to start around 6pm. In the 5K, the order will be sorted to run fastest heats in best conditions under the lights.

See final schedule when posted.

W 100mH (17.0)

M 110mH (17.0)

W 4x100m

M 4x100m

W 400m (65.0)

M 400m (57.0)

W 100m (13.5)

M 100m (12.0)

W 400mH (70.0)

M 400mH (60.0)

W 4x400m

M 4x400m

W 1500m (5:25)

M 1500m (4:20)

W 5000m (19:00)

M 5000m (16:00)

Notes:

- 1500m and 5000m will alternate men and women heats.

FRIDAY FIELD EVENTS (with Qualifying Standards):

Event start times will be determined and posted once entries close and the meet program is published.

We will follow a rolling schedule as noted below (Throws will start before noon):

TBD Women's Shot Put (11m) followed by Men's Shot Put (12m)

TBD Men's Discus (35m) followed by Women's Discus (30m)

TBD Women's Long Jump (4.80m) followed by Men's Long Jump (6.30m)

After LJ: Women's Triple Jump (10.00m) and Men's Triple Jump (13.00m)

TBD Women's Javelin (30m) followed by Men's Javelin (35m)

TBD Men's High Jump (1.69m) followed by Women's High Jump (1.37m)

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Notes:

- SP, Discus, and LJ will begin in the morning at the same time in order above.
- LJ and TJ are on the same runway in the order above.
- Javelin and HJ will begin in the afternoon.
- High Jump area is located at the north end of the field inside the stadium.
- Horizontal jumps are located south of the track outside the stadium.
- Javelin and Discus areas are located north of the stadium at the soccer field.

SATURDAY TRACK (with Qualifying Standards):

Event start times will be determined and posted once entries close and the meet program is published.

Based on previous entries, we expect track events to start around 12:00pm and end around 10:30pm on this day.

We expect the steeplechase to begin around 4pm and the 10K to start around 6pm.

Coed Master's 40+ 1mi

W 800m (2:30)

M 800m (2:15)

W "Shannon Rowbury" 1mi

M "Shannon Rowbury" 1mi

W 2mi

M 2mi

W Distance Medley Relay (1200m-400m-800m-1600m)

M Distance Medley Relay (1200m-400m-800m-1600m)

W 3000m Steeplechase (12:30)

M 3000m Steeplechase (10:30)

W "Roll Recovery" 10000m (39:30 or 19:00 5000m)

M "Roll Recovery" 10000m (33:30 or 16:00 5000m)

Notes:

- The 10000m will alternate men and women heats.

SATURDAY FIELD (Entry Standards):

Event start times will be determined and posted once entries close and the meet program is published.

We will follow a rolling schedule as noted below:

TBD Men's Hammer (35m) followed by Women's Hammer (30m)

TBD Women's Pole Vault (2.90m) followed by Men's Pole Vault (3.90m)

Notes:

- The Hammer ring is located north of the stadium at the soccer field.
- The PV is located south of the track outside the stadium.

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LIVE STATS

<http://redcaptiming.com>

ENTRIES

All entries must be submitted through the Direct Athletics.

JC and College Teams enter here - <https://www.directathletics.com/meets/track/82977.html>

All others enter here - <https://www.directathletics.com/meets/track/83023.html>

Note – Masters Mile entries should be sent directly to tomlyons1700@yahoo.com with name, age, and club affiliation.

ENTRY FEES

\$20/entrant competing unattached.

\$40/entrant competing for a collegiate team (2-yr and 4-yr).

For teams, the entry fee is capped at \$500 per gender (more than 12 entries).

Entry fees are determined based on the number of entries at the deadline (regardless of subsequent scratches).

Entry fees can be paid online or at the meet.

Please make checks payable to “Big Rock Sports.”

Note - There is no entry fee for the Masters Mile, but as in past years, we will accept donations to the Mike Fanelli Scholarship Fund, which supports the Track/XC programs at SF State.

[Mike Fanelli Scholarship Online Donation Form](#)

DEADLINE

Entries must be received by 11:59 p.m. on Sunday, March 24th. Please finalize entry status by the deadline on Direct Athletics. Entries will be listed on the meet website (<https://www.mikefanellitrackclassic.com>) by Tuesday, March 26th.

Thank you to these folks (and many others) who have made this meet what it has become:

Craig Wilson & Bill Corbett, Red Cap Timing

Chuck Buettner & John Busto, Starters

Irene Hermann & Susie Van Buskirk, Clerks

Sophie Tait, Clerk, Finish Line

Bruce Colman & Margaret Sheehan, Vertical Jumps Officials

Jim Horner, Official

Jim Garrissere & Susan Sabin, Check-in

Nate Beach, Harjit Randhawa, Rene Siqueiros, Announcer

Jamil Sheared, Meet Management

Bryce Schussel, Head Trainer

David Urista, Sam Ahlbeck, Sierra Brill, Meet Management

Logan Smith & Carlos Gonzalez, Finish Line

Bruk Assefa, Meet Assistance

Vanesa Zuzuregui, Clerk, Meet Assistance

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